THE HEIR TO THE THRONE



HOW TO PLAY

One child is 'king' and rides in front. The other children ride behind in a long line. The king decides where the others are to ride, and how. For example, the king may wave, drum on the handlebars, stand up and sit down in the saddle, swing his legs, scoot the bike etc. The group must follow suit. When the adult shouts 'CHANGE!', the king is to be replaced and must ride round to the back of the line. The game carries on like this until everybody has been king.

RIDERS PRACTISE

- Being understood by those riding behind
- Giving signals
- Having the courage to lead and being willing to conform



IDEAS FOR DEVELOPING THE GAME

Simplification: Play an adult-child version with the adult as the king.

Development: LForm pairs or groups with a king in each. Make the playing area smaller, so the kings weave around each other as in Cycle Swarm.

Variation: Use proper stop and turn signals as you would in traffic.

Tip: Before starting the actual game, lead a group yourself and provide inspiration for things the king might think of.

